

# POWER SKATING CLINIC

**Date: Mondays (See schedule for dates)**

**Time: 7-8pm**

If you want to be stronger, skate faster, and jump higher - power skating is a must! Each clinic consists of 60-minutes group instruction. You must be able to do forward and backward crossovers. Hockey skaters welcome!

- Power packed high-energy clinic
- Qualified and motivating instructors
- Technical evaluations on-going
- Stay competitive, be your best
- Nothing great comes without effort

Drop-in rate is \$10.00 per session paid to the Oval. A discounted 4-session punch card is available for \$32.00 (\$8.00 per session).



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## **Utah Olympic Oval**

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