

# 2008 American Cup Finale / Champions Challenge Race Schedule

**Sunday, 16 March 2008**

<b>Warm-up</b>	<b>7:30am - 8:20am</b>
<b>Resurface</b>	<b>8:20am - 8:45am</b>
<b>National Anthem</b>	<b>8:50am - 8:53am</b>
<b>Races Start</b>	<b>9:00am</b>

<b><u>Distances:</u></b>	
<b>1000 Ladies</b>	<b>6 pairs</b>
<b>Timing Break</b>	<b>3 minutes</b>
<b>1000 Men</b>	<b>15 pairs</b>
<b>Resurface</b>	<b>20 minutes</b>
<b>5000m Ladies</b>	<b>2 pairs</b>
<b>Timing Break</b>	<b>3 minutes</b>
<b>10000m Men</b>	<b>2 quads</b>



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